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## **EDUCATION**

1996	M.S., Nutrition, Central Washington University
1995	Dietetic Internship, Central Washington University
1994	B.S., Food Science & Nutrition, Minor in Psychology, Central Washington University

## **ACADEMIC HONORS**

1994	Cum Laude Honors
1994	Inducted into Psi Chi Honorary Society, American Psychological Association

## **PROFESSIONAL CREDENTIALS**

1995-present	Registered Dietitian, Academy of Nutrition & Dietetics
2008-present	Certified Dietitian, Washington State Department of Health

## **ACADEMIC APPOINTMENTS**

2015	Director, Didactic Program in Dietetics, Seattle Pacific University
2015	Assistant Professor of Nutrition, Seattle Pacific University
2010-2015	Instructor of Dietetics, Seattle Pacific University
Spring, 2010	Adjunct Professor of Nutrition, Seattle Pacific University
2007-2008	Adjunct Professor, Food Science and Nutrition, Central Washington University
2005-2006	Instructor of Food and Nutritional Sciences, Seattle Pacific University
2005	Adjunct Professor of Food Science and Nutrition, Central Washington University
2004-2005	Visiting Instructor of Food and Nutritional Sciences, Seattle Pacific University

## **ADDITIONAL PROFESSIONAL EXPERIENCE**

2008-2011	Clinical Dietitian, Multi Care Health Systems
2004-2007	Nutrition Instructor, Office of Superintendent of Public Instruction
1999-2004	Food and Nutrition Services Supervisor, Tahoma School District
1999	Consultant Nutrition Editor, University of North Carolina at Chapel Hill
1997-1999	Director, Consumer Information and Nutrition, Washington State Beef Commission
1996-1997	Educational Products Research Dietitian, Health Comm, Inc.

## **COURSES TAUGHT**

### ***Seattle Pacific University:***

2015-present	FCS 3310 The Profession of Dietetics
2012-present	FCS 3352 Nutrition Education & Counseling
2012-present	FCS 4352 Community Nutrition
2012-present	FCS 2375 Food Production & Management
2010-present	FCS 3365 Nutrition & Meal Planning + Laboratory
2010-2012	FCS 3350 Nutrition Counseling
2010-2011	FCS 4350 Community Nutrition & Education
2005-2006	FCS 4341 Medical Nutrition Therapy II
2005	FCS 4340 Medical Nutrition Therapy I
2005	FCS 3340 Human Nutrition
2004-2005	FCS 4350 Community Nutrition & Education

### ***Central Washington University:***

2007-2008	NUTR 448 Food Service Systems Management
2005	FCSN 448 Food Service Systems Management
1996	FCSN 541 Application in Dietetics

### ***Office of Superintendent of Public Instruction:***

2005-2006	Marketing Fruits and Vegetables
2005	Special Nutrition Needs II
2004	Basic Nutrition

### ***Multi Care Health Systems:***

2009-2011	Biggest Winner Series Weight Loss Program
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### **Tahoma School District:**

2003	Basic Nutrition
2002	Serving It Safe: Food Safety and Sanitation Curriculum
2000	Offer vs. Serve School Food Service Regulations

## **TEACHING SUMMARY**

Develop and implement lesson plans, coordinate and oversee field experience learning in food production and management course, coordinate nutrition education presentations in local schools, schedule guest speakers, organize field trips, supervise laboratory learning, design assignments and projects, grade papers, presentations, projects, and exams.

## **SERVICE TEACHING**

Facilitate student outreach work providing nutrition education to underprivileged populations. Accomplishments include the following: planned, prepared and served meals to the Tent City 3 community; designed and presented nutrition curricula in low-income schools; developed food and nutrition resources for use at food banks, resource fairs and schools; educated low-income, single mothers and their children on how to eat healthfully on a budget.

## **ACADEMIC ADVISING**

Advise 30-40 undergraduate Food and Nutritional Sciences majors/minors per year. Provide assistance to students applying to post-baccalaureate dietetic internships and graduate school.

## **SERVICE TO THE UNIVERSITY**

March – December 2017: Interim Community Kitchen Faculty Director

2015-present: SPU Foods Lab Director

2015-present: Faculty Advisor, SPU Food and Nutrition Club

2015-present: SPU Dietetic Internship/MS in Nutrition Program Planning Committee

## **RESEARCH**

Changes in Coronary Heart Disease Risk Among Japanese Exchange Students. C. Sweeney, **J. Freeman**, D.L. Gee, C. Maruyama, M. Waki, M. Tsushima, M. Hanaoka. *J. Am. Dietetic Assoc.* 99; A 1680 (1999). Atlanta, GA. 33

Nutritional Status of Japanese Exchange Students: The Physiological Effects of Acute Dietary Changes and Coronary Heart Disease Risk. **J.K. Peterson**, D.L. Gee, M. Hanoaka, C. Maruyama, M. Tsushima and M. Waki. *International Congress of Nutrition*. Montreal, Canada, p 177, 1997.

## TEXTBOOK CHAPTER REVIEWS

“Nutrition Throughout the Lifecycle” and “Major Minerals” chapters. *Nutritional Sciences: From Fundamentals to Foods*, 1<sup>st</sup> edition, Thomson-Wadsworth Publishing, 2005.

## SERVICE TO THE PROFESSION

2005	Washington State Food and Nutrition Council Conference Planning Committee
2004-2005	Washington State Food and Nutrition Council Nominating Committee
2002-2006	Office of Superintendent of Public Instruction Child Nutrition Services Ad Hoc Curriculum Committee
2002-2003	Dietetic Internship Preceptor, Utah State University, Food Service Management and Nutrition Education Rotations
1999-2000	Washington State Dietetic Association <i>Express</i> Newsletter Editor
1999-2000	Greater Seattle Dietetic Association Council on Practice Co-Chair
1999-2000	Washington School Food Service Association Continuing Education Co-Chair
1999	Washington State Food and Nutrition Council Conference Planning Committee
1998	Washington State Food and Nutrition Council Membership Committee
1993	Washington State Dietetic Association Student Dietitian Representative

## PROFESSIONAL MEMBERSHIPS

2010-present	Sports, Cardiovascular and Wellness Nutrition (SCAN) Practice Group of the Academy of Nutrition & Dietetics
2010-present	Nutrition and Dietetic Educators and Preceptors (NDEP) Practice Group of the Academy of Nutrition & Dietetics
1992-present	Academy of Nutrition & Dietetics and Washington State Academy of Nutrition & Dietetics

## PROFESSIONAL CERTIFICATIONS

2015-present	Washington State Food Worker Card, Public Health Seattle & King County
2011-present	ServSafe® Certified Instructor and Proctor, American Restaurant Association