

## Food and Nutritional Sciences: Sports & Exercise Emphasis (BS) – Student Schedule 2024-25 (4 Year Plan)

(Course offerings are subject to change. Check quarter, day, and time in the current time schedule).

<b>Year 1</b>							
Variable		Fall		Winter		Spring	
UFDN 1000	5 cr.	UCOL 1000	1 cr.	CHM 1330 + Lab	5 cr.	CHM 1360 + Lab	5 cr.
WR 1000	5 cr.	FCS 1050	2 cr.			FCS 1050 (if not taken FA)	2 cr.
WR 1100	5 cr.	CHM 1310 + Lab	5 cr.				
CUE	3 cr.						
WKH/WKA/WEA	5 cr. each						
HHP 1301	3 cr.						
<b>Notes:</b> Take math placement test in preparation for MAT 2360 in year two.							
<b>Year 2</b>							
Variable		Fall		Winter		Spring	
UCOR 2000	5 cr.	BIO 2129 + Lab	5 cr.	BIO 2130 + Lab	5 cr.	FCS 3365 + Lab	5 cr.
UFDN 2000	5 cr.	FCS 2365 + Lab	5 cr.	FCS 3240 (if not taken FA)	5 cr.		
MAT 2360	5 cr.	FCS 3240	5 cr.				
FCS 3340	5 cr.						
WKH/WKA/WEA	5 cr. each						
<b>Notes:</b> Apply to the major upon successful completion of CHM 1310, CHM 1330, CHM 1360, BIO 2129, BIO 2130; FCS 1050 & 2365 or 3340							
<b>Year 3</b>							
Variable		Fall		Winter		Spring	
UCOR 3000	5 cr.	FCS 3352	5 cr.	FCS 4330	5 cr.	BIO 3351 + Lab	5 cr.
WKH/WKA/WEA	5 cr. each			FCS 4370	3 cr.	FCS 3321	3 cr.
				HHP 3570	5 cr.	HHP 3580	5 cr.
<b>Notes:</b> Plan to meet with Faculty Advisor at least once a year to reviewing graduation progress and receiving career coaching.							
<b>Year 4</b>							
Variable		Fall		Winter		Spring	
UCOR 3000 (if not taken in year 3)	5 cr.	FCS 4340	5 cr.	FCS 4352	5 cr.	FCS 4310	3 cr.
UFDN 3100	5 cr.	HHP 4585	5 cr.	FCS 4899	3 cr.	FCS 4367	5 cr.
WKH/WKA/WEA	5 cr. each					FCS 4899 (if not taken WI)	3 cr.

**Food and Nutritional Sciences – Sports & Exercise Emphasis (BS) – Student Schedule 2024-25 (Two Year Plan)**

(Course offerings are subject to change. Check quarter, day, and time in the current time schedule).

<b>Year 1</b>						
Begin Program with Transfer Courses	Fall		Winter		Spring	
CHM 1310 & 1330 BIO 2129 & BIO 2130 MAT 2360	FCS 1050 FCS 2365 + Lab FCS 3340 UFDN 3001*	2 cr. 5 cr. 5 cr. 5 cr.	FCS 3240 HHP 1301 HHP 3570	5 cr. 3 cr. 5 cr.	FCS 3365 + Lab CHM 1360 + Lab FCS 4310 HHP 3580	5 cr. 5 cr. 3 cr. 5 cr.
<b>Year 2</b>						
Summer- optional	Fall		Winter		Spring	
*UFDN 3001 & UFDN 3100 may also be offered in the summer. Check annual time schedule for details.	FCS 3352 FCS 4340 HHP 4585	5 cr. 5 cr. 5 cr.	FCS 4330 FCS 4352 FCS 4370 UDFN 3100*	5 cr. 3 cr. 3 cr. 5 cr.	FCS 3321 FCS 4899 FCS 4367 BIO 3351 + Lab	3 cr. 3 cr. 5 cr. 5 cr.